

2017 Annual Report

KANZA

Offering Hope to Build a Better Tomorrow

Providing quality mental health services is a key component of KANZA's mission. Recently, I realized that it is an honor to be trusted by our clients to become a part of their lives and have the opportunity to provide care. The following testimonial is an example of the quality, caring treatment provided by KANZA's dedicated staff and it illustrates the type of caring service provided by all parts of this agency. I am pleased to provide it and am thankful for Krista's willingness to allow us to share this part of her story.

David Elybury, CEO

Testimony:

Marie is a 53 year old woman from NE Kansas who has dealt with severe depression most of her adult life as well as diabetes and pain. In 2016 and 2017 her depression and other health problems became severe and she was unable to care for her everyday needs. She became despondent and wanted to die; she tried to end her life several times. Marie has been a client of KANZA for several years. She had been hospitalized several times for depression and was again hospitalized in 2017. Marie states that KANZA staff members were an important part of keeping her safe and getting her to the hospital at a time that she did not want to live. She is thankful that KANZA treatment staff have helped her recover and return to living independently and feeling better than she has in years. Marie's recovery story is an example of KANZA *Offering Hope for Healthier Tomorrow*.

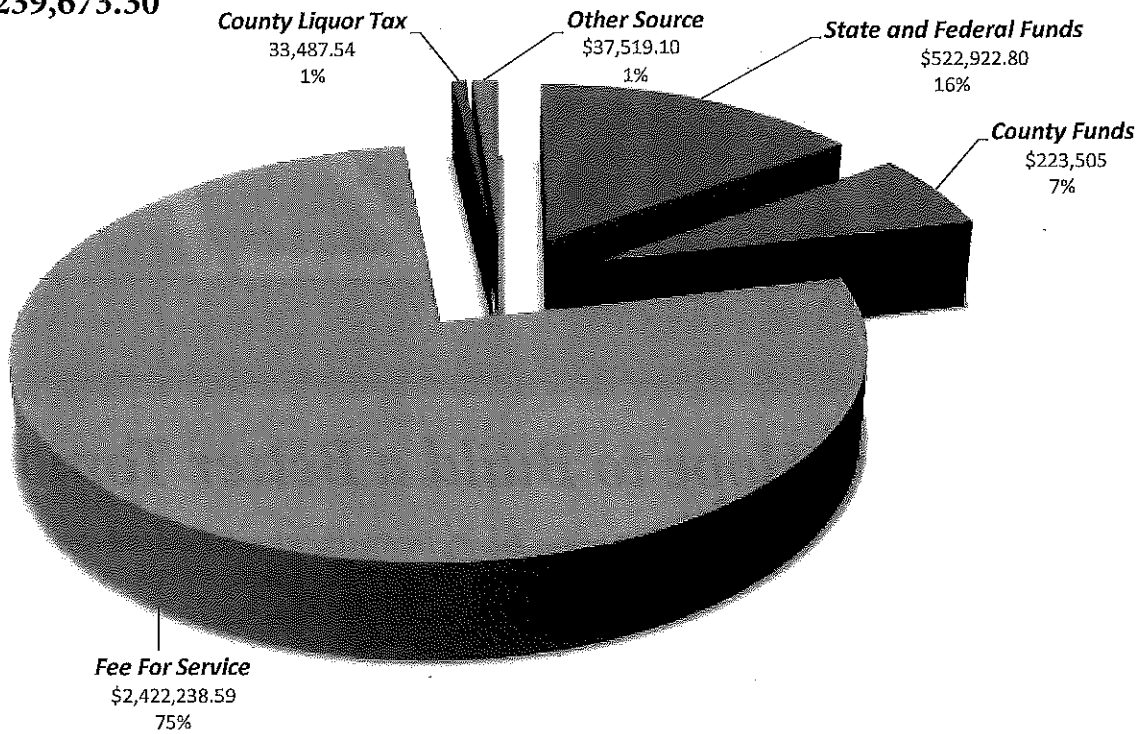
Testimony:

While living in Mexico, Jennifer found her mom had hung herself in their back yard. Jennifer and her sister moved to U.S. to live with their dad and step mother. During the ages of 12-15 Jennifer experienced physical, emotional and sexual abuse by her father and step mother. Jennifer was adopted by a family in Horton after spending time in different foster homes. Jennifer came to KANZA with a diagnosis of PTSD, Major Depressive Disorder and Physical Abuse. Jennifer struggled with trust when entering Kanza services. After three months she started to gain trust in her case manager and worked extensively through the next few years on her suicidal thoughts and cutting. She struggled socially due to her poor English and not knowing how to express her sexual orientation. Jennifer wanted to quit school and give up. But she has dreams of being a police officer, and knew that she must continue schooling to make this dream a reality. With the help of her Case manager, Jennifer graduated high school, graduated from Highland Community college and is now finishing her degree at Emporia State University. She is in a stable relationship and also works at a local mental health facility. Jennifer continues to work every day in her recovery and bettering herself to make a difference in her community.

2017 FINANCIAL SUMMARY

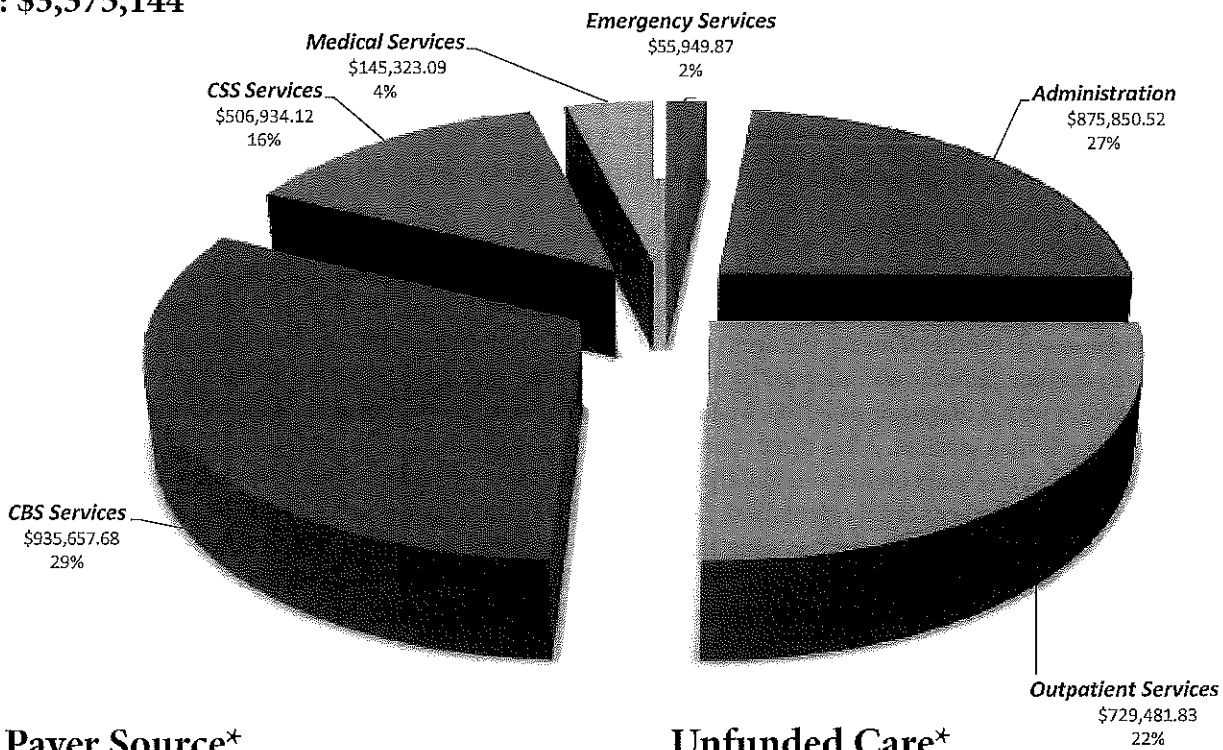
FY 2017 Funding Sources:

Total: \$3,239,673.30



FY 2017 Expenditures by Department:

Total: \$3,375,144



Payer Source*

Private Fee/Out-of-Pocket.....	5%
Medicaid (including SED Waiver)	84%
Private Insurance	8%
Medicare	3%

Unfunded Care*

Brown.....	\$146,629.52
Doniphan.....	\$17,446.10
Jackson.....	\$97,435.10
Nemaha.....	\$59,623.65
Total =	\$418,018

CLIENT SUMMARY

Total Served 1,475

(Unduplicated Count)

Gender

Female.....788 Persons or 53% Male.....685 Persons or 47%

County of Residence

Brown.....577 Persons or 39%
Jackson.....352 Persons or 24%
Nemaha.....295 Persons or 20%
Doniphan.....154 Persons or 10%
Other.....97 Persons or 7%

Age Distribution

1-17 years.....585 Persons or 40%
18-25 years.....178 Persons or 12%
26-50 years.....457 Persons or 30%
51-60 years.....145 Persons or 10%
61 years and up.....110 Persons or 8%

Diagnosis*

Depressive Disorders.....243 Persons or 35%
Adjustment and Relationship Disorders.....129 Persons or 16%
Bipolar Disorders.....131 Persons or 17%
Attention Deficit and Disruptive Disorders...100 Persons or 13%
Anxiety Disorders.....41 Persons or 5%
Psychotic Disorders.....57 Persons or 7%
Substance-Related Disorders.....4 Persons or <1%
Impulse Control Disorders.....71 Persons or 9%
Personality Disorders.....3 Persons or <1%
Mental Retardation & Learning Disorders.....3 Persons or <1%
Autism/Aspergers disorder.....5 Persons or <1%
All Others.....7 Persons or 1%

*DSM 4 Stopped in October count of 947

Race

White.....1179 Persons or 70%
American Indian/Alaskan native...213 Persons or 13%
Black or African American.....50 Persons or 3%
Hispanic.....31 Persons or 2%
Asian.....1 Persons or <1%
Other/Unknown.....214 Persons or 6%

Ethnicity

Not Hispanic or Latino.....1150 Persons or 97%
Hispanic or Latino.....46 Persons or 3%

Mirror Inc. partnership for Substance Use Disorder Counseling/Persons Served: SUD Assessment – 38 persons; Alcohol and Drug Information Class – 3 persons; SUD treatment – 30 persons.

(Mirror Inc Partnership is with a fully licensed SUD services agency from Topeka, Kansas to provide SUD services in Kanza's service area.)

HIGHLIGHTS 2017

1. Collaboration with Highland Community College to develop an expressive art group for adults with severe mental illness.
2. Move to single agency phone system - Implementation of a web-based phone system to connect satellite sites to the main office.
3. Mental Health First Aid (MHFA) Training for key community partners, Kickapoo Health and Wellness, NEK-CAP, and KSU Meadowlark Extension.
4. 1 MHFA trainer is cross trained in adult MHFA.
5. Foundation exceeds its funding raising goal of \$100,000, raising \$159,175 for the renovation of the Moser building in Jackson County to all house all services.
6. Three psychotherapists completed advance training in treatment modalities to treat trauma/anxiety and young children.
7. Dr. Micaela Wexler, DO, Child and Adolescent Psychiatrist became medical director and part time psychiatric service provider.

KANZA MENTAL HEALTH

Governing Board

Brown: John Defore (2017), Jackie Wenger (2017),
Richard Lehmkuhl (2015)

Doniphan: Robert Wayman, President (1983), David Van Laar (2010)
Charles Baskins (2013)

Jackson: Scott Foster (2008), Karen Stous, Vice President (2011)
Mellissa Morse (2013)

Nemaha: Kent Saylor, Secretary/Treasurer (1989), Tim Burdick (2014),
Ceregg Wenger (2016)

At Large: Jennifer Nagely (2014)

Kanza Foundation Board

Kent Saylor, Nemaha County - *President*

Jere Bruning, Brown County - *Vice President*

Leslie Scoby, Nemaha County - *Secretary/Treasurer*

Roger Coverdale, Jackson County

Jerry Petering, Doniphan County

Leadership Team

David Elsbury, LCP - *Chief Executive Officer*

Micaela Wexler, DO - *Medical Director*

Virginia Freese - *Director Business Operations*

Margaret Ross, LCP - *Clinical Director*

Simone McDonald, LMSW - *Community Based Services Director*

Lisa Zakutansky - *Community Support Services Director*

Shawn James - *IT Manager*

Counties Served

Brown County

Administrative and Outpatient Main Office

909 S. 2nd Street, Hiawatha, KS 66434

785.742.7113

Community Services Building

2291 Linden Road, Hiawatha, KS 66434

785.742.2275

Doniphan County

134 E. Walnut Street, Troy, KS 66087

Jackson County

Outpatient Services

713 Idaho Street, Holton, KS 66436

785.364.4536

Community Services "Moser" Building

510 Kansas, Holton, KS 66436

Nemaha County

Sabetha Community Hospital Outpatient Clinic

14th and Oregon Street, Sabetha, KS 66534

785.284.2121

Pioneer Building

711 Nemaha Street, Seneca, KS 66538

785.334.3004

2017 DONOR LIST

Yvonne Althouse	Robert & June Carson	Golden Eagle Casino	Mike & Connie
John & Carolyn Andres	Doug Sharron Clark	Darlene Hailey	Kuckleman
Nancy Babcock	Marvin & Linnae Coker	Roy & Kay Hallauer	Sally Lauer
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Baumgartner	Harold Emert	Leo (decs'd) Betty	Jeff & Brenda Wenger
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Nellie Beckwith	Fredick & Linda Folsche	Kellerman Real Estate	Ron & Pam Wright
Jim & Mary Lou Birkbeck	Scott & Susan Foster	Shari (Kemp) Moser	Ronald Zimmers
Judi Bruning	Gene & Margaret Garrett	Milan Kleopfer	Zion Lutheran Church
Jere & Patricia Bruning	Kelly & Elaine Girton	Stan & Sheila Koelliker	